

# Colorado Burnal Equinox Survival Guide

Spring in Colorado is highly unpredictable and governed by physical laws that don't care about your feelings. **The CBE team works hard to create a safe environment, but ultimately, you alone are responsible for your survival, safety, and comfort.** We've created this Survival Guide to help you understand what to expect, what to bring, and how to plan for a weekend of cold-weather shenanigans. Read it all the way through, save it to your phone, print it out, and laminate it. Then share it with everyone in your crew so nobody shows up in flip-flops.

This guide covers the principles of CBE, practical advice for spring art events, and tips on packing and preparation. It's helpful, but it's not comprehensive. **Do your homework.** Research spring Rocky Mountain camping, seek advice from experienced cold-weather, high altitude campers, and take responsibility for your own well-being. Mother Nature doesn't negotiate.

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# What is Colorado Bernal Equinox?

This depends entirely on you, the participant! What do you want from an early spring burn? What does our community need? How can you contribute?

We're creating a canvas for you to build upon. We keep your options as unrestricted as possible—within the bounds of Federal, State, and local laws, of course. Beyond that, you're free to be and create the person you are or have always wanted to be. Bring art that means something to you. Express yourself. Contribute your weirdness. Thanks for joining us!

## Venue Information

**Location:** Fhloston Peak, 2703 Co Rd 68, Bailey, CO 80421

**Elevation:** 8,400'

The 8th annual event takes place at Fhloston Peak, a plot of land 2.7 miles down Highway 68 from the Bailey turnoff on Highway 285. The Colorado community has already infused this land with so much love, and we're excited to keep that energy going.

### *Directions to Fhloston Peak*

**Gate Times:** 12 pm Friday through Sunday. Volunteers and theme camps get early access at 12 pm on Thursday.

**All-Age Event:** Anyone under 18 must arrive with a legal guardian and have a signed liability waiver. Parents and guardians are responsible for their children (and themselves) at all times.

## Will it be cold?

Let's get real: this will probably be the coldest Burn you've ever attended. But hey, *probably* isn't *definitely*—we could also get gloriously mild, sunny spring vibes that make you question why you packed seven layers. It's the Rockies in April, baby! Snowmageddon or surprise t-shirt weather?

Here's the thing, though: a spring campout in the Colorado mountains isn't a "wing it and see what happens" situation. We're talking about some of Colorado's snowiest months, at altitude, where Mother Nature has a wicked sense of humor. This guide exists to help you prepare for whatever atmospheric shenanigans she throws our way—so you can thrive, not just survive, in the beautiful chaos of the Rockies.

*Bailey, CO weather report*

*Bailey, CO weather report (10 day)*

# The Ten Principles + Consent

These 11 Principles are the backbone of our community. They're not rules carved in stone by some distant authority—they're the living, breathing ethos that shapes how we show up for each other in this weird and wonderful temporary city we build together.

**Radical Inclusion:** Anyone may be a part of CBE. We welcome and respect the stranger. No prerequisites exist for participation in our community.

**Gifting:** CBE is devoted to acts of gift giving. The value of a gift is unconditional. Gifting does not contemplate a return or an exchange for something of equal value.

**Decommodification:** To preserve the spirit of gifting, our community seeks to create social environments that are unmediated by commercial sponsorships, transactions, or advertising. We stand ready to protect our culture from such exploitation. We resist the substitution of consumption for participatory experience.

**Radical Self Reliance:** CBE encourages the individual to discover, exercise, and rely on their inner resources.

**Radical Self Expression:** Radical Self Expression arises from the unique gifts of the individual to others. No one other than the individual or a collaborating group can determine its content. It is offered as a gift to others. In this spirit, the giver should respect the rights and liberties of the recipient.

**Communal Effort:** Our community values create cooperation and collaboration. We strive to produce, promote, and protect social networks, public spaces, works of art, and methods of communication that support such interaction.

**Civic Responsibility:** We value civil society. Community members who organize events should assume responsibility for public welfare and endeavor to communicate civic responsibilities to participants. They must also assume responsibility for conducting events in accordance with local, state, and federal laws.

**Leaving No Trace:** Our community respects the environment. We are committed to leaving no physical trace of our activities wherever we gather. We clean up after ourselves and endeavor, whenever possible, to leave such places in a better state than when we found them.

**Participation:** Our community is committed to a radically participatory ethic. We believe that transformative change, whether in the individual or in society, can occur only through deeply personal participation. We achieve being through doing. Everyone is invited to work. Everyone is invited to play. We make the world real through actions that open the heart.

**Immediacy:** Immediate experience is, in many ways, the most important touchstone of value in our culture. We seek to overcome barriers that stand between us and a recognition of our inner selves, the reality of those around us, participation in society, and contact with a natural world exceeding human powers. No idea can substitute for this experience.

# The 11<sup>th</sup> Principle: Consent

Colorado Burnal Equinox recognizes an 11th Principle: **Consent**. Our community values the transformative experience of consensual touch, play, and interaction by hearing and honoring the informed consent (or lack thereof) of those we interact with.

**Always ask for consent.** This isn't optional, it's essential. Ask clearly, listen carefully, and respect boundaries without question. **"Yes" means yes. Everything else means NO.**

We believe consent is foundational to connectivity and community. Our vision is simple: everyone feels empowered to participate as they feel comfortable, opting in from a place of genuine engagement and autonomy—not from pressure, assumption, or obligation.

When in doubt, ask. And if the answer isn't an engaged yes, it's no.

**Think of FRIES! Consent is:**

- Freely Given
- Revocable
- Informed
- Engaged
- Specific

## Volunteering

We encourage every single participant to volunteer. The more you put into the event and community, the more you'll get out of CBE. It's that simple.

Lend a hand to someone in need. Create and share art. Help set up, break down, or keep things running during the event. CBE is an all-volunteer, community-sponsored event—**everyone** is unpaid, from event staff to artists to performers. We're all in this together.

There are countless ways to contribute, and every shift claimed is one more person taking ownership of our collective experience. Volunteer before, during, or after the event. Find your way to plug in. The burn we create is the burn we deserve. Do your part.

**Volunteers get the good stuff:** extra gate hours, more time on-site, and first dibs on shift selection. Sign up early before all the primo spots disappear.

Let us know how you're willing to help by signing up here: [volunteer.apogaea.com](https://volunteer.apogaea.com)

Interested in helping us with Rangers, contact Ethan at [E13th@yahoo.com](mailto:E13th@yahoo.com)

## Art Grants

Interested in bringing your art or talent to Colorado Bernal Equinox? Apply for an art grant, so we can monetarily support your creative project that will enhance y/our community experience.

Your contribution can be anything you want to contribute to the community. We welcome projects of every shape and size: performance art, fire art, workshops, interactive installations, theme camps, gifts, swag, communal meals, Center Camp shenanigans, and beyond. Big or small, we want it all!

**Submit an application** to seduce us with your project concept and potential interactivity, etc. How does it embody the 11 Principles? What will it bring to the community?

## Safety

You are required to follow all laws and community standards at all times. You are required to behave in a socially responsible manner. You are expected to honor the Eleven Principles.

**You are responsible for yourself**—your conduct, your safety, your comfort—before, during, and after the event. But your choices also affect everyone around you, so follow basic rules for public safety and communal well-being. Our collective survival depends on each of us doing our part.

This isn't about being a buzzkill. It's about making sure we all make it home safe and get invited back next year.

## Kids

We love having children at our events. Kids remind adults how to play, how to love unconditionally, and the value of honesty and integrity. They make everything better.

We know attending events with children can be challenging, so we're offering **FREE admission to kids under 18** when accompanied by a paying, responsible parent or guardian. This is a gift to families—please respect it. If a child breaks rules or laws, both the child and the responsible adult will be asked to leave.

We encourage parents to involve their kids in volunteering. Contributing teaches children the value of communal effort and shows them what's possible when we come together for a shared purpose.

**A note on content:** Radical Self-Expression is one of our core principles, and we enthusiastically foster it. This means some art, performances, or interactions at CBE may not be suitable for all participants, especially children. Exercise discretion before bringing minors or sensitive individuals to the event. You are responsible for their actions and their experience—supervise those in your care closely.

# The Language

Every subculture has its own terminology, and CBE is no exception, so without further ado...

**Burner** — A person who participates in a burn do-ocracy — a culture which recognizes that it is within everyone's power to effect the change they want to see, meaning that if you see something you think should be done, you should "just do it" instead of complaining about it or waiting for someone else to do it. This turns out to be pretty empowering and reminds everyone that the community belongs to all of us, not just someone else's responsibility.

**Center Camp** — Central hub at the event, which includes information/bulletins, lost and found, workshops, coordinating with other participants, food and drink, and other community needs.

**Darkwad** — A participant who walks around the land at night without adequate lighting on their body, necessary for avoiding collisions and injuries when walking on uneven ground.

**Default World** — Colloquial phrase for the rest of the world and your life outside of the Burn.

**Dehydration** — A commonly experienced medical condition unless adequate hydration is maintained.

**DPW** — The Department of Public Works is the workforce that plans, surveys, builds, and deconstructs the foundational infrastructure of our temporary city. All around bad asses.

**Exodus** — Leaving CBE and all of the activities that come beforehand, like tearing down structures, de-mooping, and leaving no trace of the event.

**Fluffer** — A volunteer who supports other volunteers and participants at the event with survival necessities, like food, water, sunscreen, giving other volunteers on shift a break, or other less critical supports like hugs, gifts, and the occasional cocktail.

**Greeter** — Volunteer squadron who welcomes participants to the event upon arrival; they process ticket entry and waivers at the Gate.

**Grey water** — "Used" water that has been contaminated by soap, toothpaste, food residue, or similar pollutants. To leave no trace, it needs to be carefully collected and removed from the land.

**Interactive Art** — Art that encourages "hands-on" interaction or responds to people interacting with it.

**MOOP** — Stands for Matter Out Of Place, and refers not only to litter and trash, but anything that wasn't there when we arrived, or something left where it can be easily blown away by the wind. If we all minimize MOOP, we can help maintain the Leave No Trace of CBE!

**No Spectators** — CBE is a culture of "participating," and what happens there is determined primarily by its participants, not by the event organizers. Here, you are the artist! You are the performer! You are the entertainment! The more you put into the event, the more you will probably enjoy it.

**Participant** — Every person who sets foot into the event. Yes, that means you.

**Playa Name** — A nickname bestowed upon you at a Burn. This name may help you shed your ego and personality of the Default World. Some people, forever changed by their experience, even go by their playa name in the default world.

**Rangers** — Participants who volunteer in the service of the safety and well-being of the community. Rangers act as non-confrontational mediators and facilitators of public safety. Find a Ranger if you're experiencing a conflict or challenge needing some extra help, or if you or someone you're with is in distress, especially when not sober. You can find them because they're wearing khaki and have radios.

**Regional Burn** — A "burn" event held in a certain geographic region & intended to bring the spirit of a Ten Principles event to a locality.

**Sparkle Pony** — Derogatory term for a participant who is overly reliant on the resources of friends, campmates, and the community at large.. Often fashionably attired, they may have packed too many costumes and not enough radical self-reliance.

**Theme Camp** — A camp or other structure or area that creates a specific experience. Some theme camps offer food or beverages, while others may simulate a fantasy environment or provide music and/or space for dancing, relaxation, or learning. Elaborate theme camps combine many or all of these elements.

# Getting There & Back

## Location & Directions - Print Me!

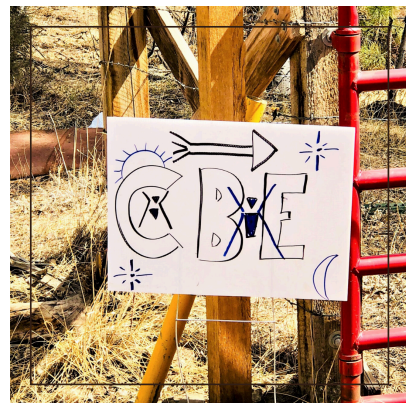
CBE will take place at Fhloston Peak. The location is about an hour west of Denver.

**Address:** 2703 Co Rd 68, Bailey, CO 80421

**GPS coordinates to turn off at the gate:** 39°23'02.0"N 105°26'59.6"W

**Directions from Denver:** [\*Directions to Fhloston Peak\*](#)

<b>1</b>	Take Broadway and W 8th Ave to 6th Ave	1.6 mi
<b>2</b>	Take US-6 W and US-285 S to Wellington Lake Rd in Park County	44.3 mi
<b>3</b>	Slight right onto 6th Ave	1.3 mi
<b>4</b>	Continue onto US-6 W/6th Ave	8.3 mi
<b>5</b>	Take the exit onto I-70 W toward Grand Jct	0.9 mi
<b>6</b>	Take exit 260 to merge onto CO-470 E/E470 E/Hwy 470 E toward Colorado Springs	5.7 mi
<b>7</b>	Exit onto US-285 S toward Fairplay	28.1 mi
<b>8</b>	Turn left onto Wellington Lake Rd	2.7 mi
<b>9</b>	Look for the red gate	



**We want your trip to be smooth from departure to return. Here's how to get to CBE safely:**

**Get enough sleep before you leave.** Fatigued driving on mountain roads is a terrible idea.

**Map your route ahead of time.** Download the local map to your phone or print directions—don't count on cell service, especially near Bailey. While you're at it, download playlists, podcasts, or audiobooks for the ride.

**Carpool in a 4x4 or all-wheel-drive vehicle, if possible.** Easy-access parking can be limited at CBE, especially in bad weather when plowed areas become less accessible. Carpooling helps everyone snag better spots and reduces our overall footprint.

**Prepare for spring driving conditions before you leave.** Even if the weather looks perfect and the roads are clear, conditions can change fast in the mountains. We recommend carrying tire chains for all vehicles, just in case.

## Getting In

Please purchase your admission in advance. If there are door sales, they will be online only.

**Arrive during daylight hours**—roads are more likely to freeze at night, and this is the only time Gate will be open. We're not expecting lines.

A single dirt road leads from the gate to the event site. **Drive slowly** and watch for hazards that could cause your vehicle to get stuck. If the road is muddy, vehicles will be allowed through one at a time—wait for the all-clear before proceeding.

**Speed limit: 10 mph max** when entering or leaving. Stay on the entrance road and do not drive if conditions are hazardous.

**Placement is open and first-come, first-served.** We're not dictating spots beyond the large open area. Want to camp in the loop area on the property? Bring a 4-wheel-drive vehicle and/or a sled to haul your gear—we won't be placing camps out there for you.

**Park your vehicle in the designated space when you arrive and leave it there** until you're ready to go home. Do not park on the road.

## Getting Out

When it's time to leave, pack out **everything**—all belongings, all waste, all traces of your presence. CBE is a Leave No Trace event (see the *LNT guidance* section for details).

**Spend at least 30 minutes de-mooping your camp before you leave.** Scour the ground. Pick up micro-trash. Leave it better than you found it.

Use the same road to exit that you used to enter. Drive carefully and stay sober. Take frequent breaks on your way home—mountain driving after a long weekend requires focus. Safe travels, and see you next year.

## Good Neighbors

Exercise Civic Responsibility and respect the local community. Although CBE and Fhloston Peak have few neighbors, nearby residences aren't part of our event—and they didn't sign up for this party.

**Stay within campground boundaries.** Use only public roadways. Enter and exit only where instructed.

**Sound discipline matters.** High-volume, amplified sound systems are only allowed in designated areas and must not be audible at the property boundary. After 10 pm, all amplified sound gets cut off or turned down to "camp level" (aka inside voices for your speakers). Sound equipment causing problems after an initial warning may be relocated or disabled. Repeat offenders may be ejected from the event.

## What to Bring & Not Bring

All participants must bring all necessary items to attend the event. This includes, but is not limited to:

- water (3 gallons per person/per day)
- food & drink
- shelter
- sufficient Springclothing
- basic first aid supplies
- fire extinguisher

Be familiar with your gear and equipment, and do a test run before leaving home. The last thing you want is to find out during a snowstorm that your gear is insufficient. Use common sense and follow weather reports, which tend to be reasonably accurate for a 3-day window.

The following lists are many of the most important necessities, as well as which items to leave at home that may be unhelpful or even a hindrance at the event.

### Must Bring

**A well-outfitted, 4-season camping tent in good condition.** Recreational vehicles, domes, hexayurts, or portable, MOOP-free and seasonable structures are welcome.

**Warm clothing, including wind-resistant, waterproof, weatherproof attire,** such as ski jackets and snow pants, over layers of breathable synthetic material. Bring a warm hat, balaclavas, dickeys (mock turtlenecks), ear muffs, mittens and liners, and glove liners, with back-ups of everything, especially extra socks and gloves.

**Two pairs of insulated, waterproof boots.**

**Water for drinking, bathing, and preparing food.** Beware, your water can and will freeze if left exposed to the elements. As a precaution, keep it either in a cooler (without ice), a tent, or wrapped up in your car.

**Metal canteens, spun aluminum, or reusable stainless steel water bottles** with water filled  $\frac{2}{3}$  to the top, in case they freeze. Water expands as it freezes. The metal can be set on a stove to hold boiled water for warmth. Be careful to avoid burns! Melting snow for water is a long and laborious process. Ice is easier. Consume water regularly. Because you don't sweat much in cold winter/spring weather, you may become dehydrated even though it's 30° outside.

**Enough food and beverages for your entire time you're there.** Comfort foods are especially good, and warm foods such as soups, hot cocoa, cider, and tea, or even hot water, will help you stay warm and make you happy. The easier it is to make and prepare, the more likely you are to actually make it when you need it! It's possible that your food can freeze if left exposed to the elements, including fruit and veggies, so plan ahead and bring food you can thaw.

**Coolers.** Just as coolers keep your food cold in the summer, a cooler without any ice can also insulate your food from extreme cold and prevent it from freezing. Bring ice for mixing things.

**Cooking stove and cookware.** You will probably be craving hot food. If your food freezes, you'll have to thaw it out before cooking.

**Garbage bags, a broom, and a dustpan.** CBE is a Leave No Trace event.

**Fire extinguisher for your camp (look for the ABC type).** Bring one if you have a BBQ grill, stove, heater, or anything that may include fire.

**First aid kit.** Check out this guy's list by visiting [bit.ly/BMFirstAid](http://bit.ly/BMFirstAid)

**Required medications and health and beauty aids,** including prescriptions, contact lens supplies, and anything else essential to your health and comfort.

**Sunglasses and sunscreen.** Snow-covered fields tend to be exceptionally bright. Your exposure to UV radiation increases with snow and at high altitudes, meaning you can still be at risk for sunburn or even snow blindness.

**Flashlights and spare batteries.** Headlamps are particularly useful. LED lighting, EL wire, reusable glow sticks, and blinky things will help you stand out at night.

**Spring driving gear, such as snow tires.** A snow shovel, sand (for traction), a tow rope with a hook, and other tools can also prove very useful if it snows during the event or if your car gets stuck. Better to plan ahead than to pay for towing.

## Consider Bringing

**Art installations!** CBE is all about self-expression. What better way to express yourself than by creating and sharing a work of art? All forms of art are welcome, and those that include an interactive component can be even better. For example, anything that can be handled, climbed or manipulated by participants is great for this event. Don't be shy: any little thing you bring adds to the CBE experience.

**Costumes, instruments, decorations, or any other elements** that you think might improve the atmosphere, vibe, and experience for yourself and others. Refer to the Principles of Participation and Radical Self-Expression for more information.

**A camera** to capture the moment. If people are in the shot, ASK FIRST to get their consent. More info in the *Media, Photography & Video* section.

**Battery-powered camp light and spare batteries**, as cold weather decreases useful life.

**Watertight protective bags** for cameras and other gear.

**Body and hand warmers.** Enough said.

**Earplugs.** Not everyone will want to sleep when you do.

**Lotion/lip balm.** Cold weather can be tough on your skin, and chapped lips are no fun to kiss!

**Portable ashtrays (for smokers).** Leave No Trace means cigarette butts, too! A metal container for mints or candy works well.

**An extra set of car keys**—in case you drop yours in a snowbank, and you can't find them again.

**A plastic sled** to move your gear to and from your campsite.

**Tire chains for the drive up to the site.** You may not need them, but you might. Don't get stuck on the mountainside, miles away from help.

## Do NOT Bring

**FIREWOOD.** Our permit does not allow any campfires that produce embers!

**Explosives, fireworks, firearms**, including air rifles, BB guns, and pellet guns, are prohibited.

**Space heaters**, unless you can guarantee that there is no risk of fire, carbon monoxide poisoning, or other suffocation/oxygen depletion to yourself or other participants. **A carbon monoxide detector is essential** if you are burning fuel indoors.

**Glass containers.** We recommend against bringing glass containers, as cleaning up broken glass is very difficult in the snow and highly problematic in the outdoors in general.

**Excess packaging.** While you're still at home, remove the packaging, like the plastic bag your new socks come in, to reduce the amount of trash you have to pack back out. This also reduces the likelihood of MOOP.

**Anything that could create MOOP** or potentially damage the land. See *Leave No Trace* section.

**Bicycles.** You should be able to walk everywhere you need to go, and in the case of rain or snow, it's definitely not worth the packing space.

**Pets.** Even if you've camped with them before, this is not the environment for any of our furry friends.

## Spring Camping

CBE takes place in early spring at 8,400 feet. The Front Range is notorious for wild weather swings—50–75° temperature changes aren't unheard of. That sunny 65° day can become a frigid Springstorm overnight, complete with 50 mph winds, blowing snow, and ground blizzards.

Spring camping requires far more preparation than we can cover here. Do your research, read the resources below, talk to experienced Springcampers, and if possible, get Wilderness First Aid certified.

**Plan for worst-case scenarios.** In the spirit of Radical Self-Reliance, you are ultimately responsible for your own survival and well-being.

**Test your setup.** If you can, try camping in your backyard on a cold night. Bring more blankets, sleeping bags, and clothing than you think you need—better too much than too little.

### Sleeping system essentials:

- A sleeping bag rated to 0–15°F (or lower)
- Consider layering a fleece or summer bag inside your winter bag
- **CRITICAL: Use extra bedding over AND under your sleeping bag.** More insulation = more warmth
- **Insulating from the ground is essential to survival.** Closed-cell foam pad or winter-specific air mattress (regular air mattresses become ice blocks)
- **Mylar sheeting** between the ground and bedding to reflect body heat
- **Standard air mattresses are not recommended**—they fill with cold air and will suck the warmth right out of you.

### Heat sources:

- **Electric blankets** are a safer option if you have power access
- Space heaters and fuel-burning stoves (wood/oil) pose serious risks: fire, carbon monoxide poisoning, air pollution, oxygen depletion

- Never operate dangerous heat sources in enclosed spaces
- If burning fuel indoors, use a combination fire and **carbon monoxide detector**—non-negotiable

## *Beginner's Guide to Winter Camping*

### *12 Essential Winter Camping and Backpacking Hacks*

## Recreational Vehicles

Your motorhome, trailer, or other recreational vehicle is welcome at CBE. There are several things to consider when planning on bringing an RV that will make it a more enjoyable experience. Follow these considerations, and you'll minimize the need to call for more expensive help.

There are no electrical, water, or sewer hookups for RVs. Your greywater and/or blackwater may freeze. In extreme temperatures, your RV heating system may not work effectively, so it might make sense to bring an electric space heater as a backup. However, your generator might also freeze, so be prepared.

**Getting stuck:** Take precautions when you arrive and depart: bring snow removal equipment, consider bringing 2"x6" or 2"x8" boards to park on so the RV doesn't sink into the snow; and if you find yourself getting stuck while attempting to leave, STOP! Take a breather and get people to help push (or pull with their 4x4). Digging into the snow will just make it tougher to extract the vehicle later.

## Stay Warm, Stay Safe

Follow these tips to stay warm, dry, comfortable & safe:

**Alcohol gives one a false sense of warmth** when, in fact, your body may be colder than you realize. Alcohol stops you from shivering and allows more blood to the extremities through blood vessel dilation, cooling your body even faster. Be aware of how much you're consuming. Consume non-alcoholic beverages or warm water to rehydrate.

**Use the buddy system.** Colorado has extreme mountains and extreme weather. With extreme indulging, you may lose yourself, out in the open. Things can end badly. Make friends with your nearby campers and ask them to be your buddy, unless you already have one (or a few). People die from hypothermia aggravated by alcohol. Check on your buddies periodically, like once an hour, until they are sleeping safely out of the elements.

**Seek out heat-producing art installations and theme camps based around propane campfires.** Enjoy the company of other participants to warm your body and soul. Try not to spend much time alone in the cold, and keep an eye on other solo participants.

**Be careful not to overheat.** Also, think twice about using a personal heating device that may dry your skin, cause burns, or create a fire hazard. Stay on your guard, and maintain a safe distance from fire art, fire performances, and other heat sources. See the *Fire Safety* section for more information.

**Remember to hydrate even though it's cold.** If you're cold, a hot drink will warm you up. Hot cocoa, cider, tea, and even hot water will help. Alcohol will give you a false sense of warmth. Alcohol and caffeine are diuretics, which could lead to dehydration faster.

## Clothing & Dress

If you've ever skied or snowboarded, you might already have some clothing that works well. Bring more clothing than you think you will need—it's better to have too much than not enough! This is especially true for extra mittens, gloves, socks, and hats.

Even more importantly, bring the right kinds of clothing. **Use synthetic or wool fabric for your socks, mittens, undergarments, and hats.** Choose polyester or similarly wicking materials, and if possible, avoid cotton. Cotton kills! Once cotton gets wet, its fibers clump together, making it significantly harder to dry. Wet clothes are dangerous in winter weather while camping.

**Base layers are your foundation.** Start with a moisture-wicking base layer (think synthetic fabrics like polyester or merino wool—NOT cotton, which holds moisture and will leave you cold and clammy). This layer sits against your skin and pulls sweat away from your body, keeping you dry.

From there, dress in **loose layers** that can easily be removed when you warm up and added back on when the chill creeps in. The key is regulating your temperature *before* you start sweating—because once your clothes get wet, even the fluffiest parka won't save you from being cold, heavy, and stanky. Strip down as you heat up, layer up as you cool down. Your future self will thank you.

Plan on bringing **multiple changes of clothes, undergarments, socks, and multiple pairs of gloves or mittens** for extra warmth, as well as hats, boots, etc., so you'll always have something dry. You may change your ensemble two or three times more often than you would under normal conditions.

**Two pairs of insulated, waterproof boots** are a must have! Also bring wind- and water-resistant outerwear, such as ski jackets and snow pants, over layers of breathable synthetic material. In addition to a warm hat, you should bring balaclavas, dickeys (mock turtlenecks), ear muffs, mittens and liners. and glove liners. Mittens are best because your fingers will stay warmer together. Be prepared to cover your face, ears, neck, head, and extremities... heck, every inch of your body!

**Costumes are still strongly encouraged.** Faux fur is always in fashion. Don't forget colorful hats, mittens, gloves, and scarves!

## Public Safety

Cooperation is the cornerstone of our CBE event and the burner community. However, there is no guarantee that a few bad apples won't slip into the event and cause harm. Always maintain awareness of your personal safety during the event.

## Respect Your Surroundings & Neighbors

Secure your belongings from weather conditions (like rain or wind) before you leave your camp. Get to know your neighbors and work together to keep things secure.

Make new friends, but be alert to the actions and intentions of those you meet. Be cautious about accepting food or drink from strangers. Before wandering off alone or with a new friend, tell someone you know and trust where you are going.

**ALWAYS ASK FOR CONSENT!** You must ask for consent and respect others' boundaries. Silence is not consent. Yes means yes. Everything else means NO!

CBE and our hosts support all local, state, and federal laws. CBE does not promote or condone the use of illegal drugs, which can cause a serious health risk in hazardous winter conditions. The legal drinking age in Colorado is 21.

As with other burns, community mediators called CBE Rangers may also be available to help resolve conflicts between participants. However, neither the event staff nor Rangers are Law Enforcement officials, and any breaches of the law or conflicts stemming from such breaches that cannot be resolved via mediation may result in expulsion from the event or, as a last resort, referral to local Law Enforcement.

## Emergency Services

Experienced EMTs will attend CBE as participants and may be available to assist in the event of an emergency. However, participants are ultimately responsible for their own health and well-being.

If you require assistance or treatment and are mobile, please find someone to escort you to a warm place and contact a CBE organizer, Ranger, or EMT (if available). If the situation is an emergency and you need IMMEDIATE assistance, call 911 (see below for dispatch information).

There's no shame in feeling sick—whether it's altitude sickness (headache, nausea, dizziness are all common when you're adjusting to elevation), dehydration, or just your body saying "hey, slow down." Ask for help if you need it; we're all here for each other.

Rangers are available at the event. They wear khaki and have radios for any necessary communication. Find one if you require assistance!

## Fire Safety

CBE participants must understand and fulfill all fire safety responsibilities. Use common sense and judgment when operating fire or LPG (Liquefied Petroleum Gas) installations. Fires are only allowed in designated areas inside the event. Open, ember-producing fires of any kind are prohibited at the event. This also includes pyrotechnics or fireworks of any kind.

When used for artistic purposes, fire must not endanger participants or damage property. All artists and crews are solely responsible for their art. This includes verification, through adequate testing, so that performers, participants, staff, and safety personnel are not in danger.

Operators and performers must not smoke while participating in any fire project, and must be sober while performing their duties. Negligence, carelessness, and unsafe conditions will not be tolerated. CBE assumes NO responsibility for the safety of ANY art projects or performances, whether approved or not.

**At CBE, we are frequently in Stage II Fire Ban Restrictions.** See Park County restriction details here.



## Park County Fire Restrictions Guide

The Park County Sheriff's Office mandates all of our residents and visitors follow fire restriction guidelines. Violations of Fire Ban penalties start at \$500, up to \$1,000 per violation.  
*Depending on severity, arson charges may apply.*



Activity:	Stage II Fire Ban Restrictions:
Portable Exterior Fireplace	<b>PROHIBITED</b>
Propane/Petroleum-Fueled Fires	<b>PERMITTED IF EQUIPPED W/ ON/OFF SWITCH</b>
Open Fire/Burning (Including Charcoal)	<b>PROHIBITED</b>
Model Rockets & Fireworks	<b>PROHIBITED</b>
Blasting/Explosives/Activities Producing Flammable Materials	<b>PROHIBITED</b> (unless granted exemption by District Fire Chief)
Hot Work: Welding, Glass-Blowing, & Other Activities Using a Flame Torch	<b>PROHIBITED</b> (unless granted exemption by District Fire Chief)
Chainsaws & Other Small Engines	<b>RESTRICTED:</b> Permitted with a spark arrestor installed, 7lb ABC or 2.5 gallon equivalent fire extinguisher & large pointed shovel at the ready.
ATVs & Motorcycles	<b>PERMITTED ON DESIGNATED ROADS &amp; TRAILS ONLY</b>
Off-Roading	<b>PROHIBITED – INCLUDING ON PRIVATE PROPERTY</b>
Recreational Shooting	<b>RESTRICTED:</b> Permitted at the Jefferson-Como Shooting Range or licensed hunters actively pursuing game ONLY
Smoking	<b>RESTRICTED:</b> Permitted indoors, in vehicles, & in cleared areas 3' from flammable materials. NO OUTDOOR BUTT DISPOSAL

## Flame Effects

Flames that are automated, switched, pressurized, or have any action beyond simply "being on fire" are called flame effects. Projects that use propane or liquid fuels also qualify. Every flame effects artist is required to follow these guidelines:

Flame effects installations may only be set up and **operated in designated areas** inside the event. Install the piece such that all flames and fuel are a **sufficient distance** from structures, vehicles, and other installations

**Understand and properly use all equipment** related to their materials, including, but not limited to, fuel lines, fittings, and pressure levels. **Inspect all equipment as often as necessary** to ensure proper assembly and operation.

Prepare a safety plan specific to their piece, and ensure that all persons attending and/or assisting with the piece know and understand it. Attest that all effects operators and assistants are at least 18 years of age and trained in the proper use of the fire extinguishers provided. **Provide sufficient and proper fire extinguishers.**

## Leave No Trace

CBE is committed to leaving our venue **better than we found it**—not just clean, but improved—so we're invited back. Everyone plays a part. Here's how:

**Plan ahead.** Don't make a mess if you can avoid it. Clean as you go—small messes now beat big messes later. Don't let it hit the ground in the first place!

**Carry a portable ashtray** for your butts. An empty mint tin works perfectly.

**Gift thoughtfully.** Create meaningful gifts that won't become MOOP (Matter Out of Place). No trinkets that end up as trash. Don't leave debris around anything you create.

**Bring extra trash bags.** More than you think you'll need.

**Leave packaging at home.** Use reusable, non-glass containers. Choose recyclable materials and energy-efficient gear. Salvage camp materials for your next burn.

**Handle broken glass carefully.** Wear gloves. Use a broom and dustpan. Contain sharp pieces securely.

**Pack out everything you bring.** Scour your campsite before leaving. Pick up what you find, whether it's yours or not.

**Porta-potties: human waste and single-ply toilet paper ONLY.** No wipes, no feminine products, nothing else. If it wasn't in your body, don't put it in the potty!

**Fill in any holes you dig**—from tent stakes to fire pits, leave the ground level.

**Return borrowed tools** and clean shared spaces after use, whether in the kitchen or at the art station.

**Dismantle your art installations completely**, removing every zip tie, piece of tape, and stake from structures.

## The Gifting Economy

CBE promotes the principles of gift giving and decommodification. To provide an experience free of commercial exploitation, sales of products or services of any kind are prohibited at the event. This includes the sale of handmade items, as well as food and beverages, for any amount, even if it is less than the cost of production. Anyone caught in violation will be ejected without refund. We strongly encourage you to offer meaningful gifts to others.

## Media, Photography & Video

Photography, including video recording and media coverage, is welcome at CBE, but respect for our participants' privacy is everyone's responsibility. You may only use photography to document your own experience at CBE. Respect the CBE community, especially when you are behind the lens.

Always ask for Consent! Do not interfere with anyone's experience by pointing a camera where it is not welcome. If you feel that someone with a camera is causing a nuisance, contact a Ranger or member of the event staff, aka someone with a radio.

Commercial use of all imagery captured at CBE is prohibited without express permission. Images captured for personal use must not be professionally distributed.

## Credits

Content is attributed from the *Frostburn Survival Guide* and adapted for the Colorado climate. Thank you to Splat, Birthday, Dirty David, Special, Bright Eyes for creating this CBE document.